

A CLASSROOM PRACTICE · ONE PAGE

# The *20-Minute* Practice

*A small classroom protocol for making thinking visible.*

PRINT IT. KEEP IT ON YOUR DESK. TRY IT TWICE THIS WEEK.

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5 MIN

## *First Thinking*

Students write what they already think, notice, wonder, or do not understand — before using AI, the internet, or any outside source.

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5 MIN

## *AI or Source Comparison*

Students compare their first thinking with one AI-generated response or one short source. They mark: *what I agree with, what I doubt, what is missing.*

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5 MIN

## *One Verification*

Students check one factual claim against an independent source — a text, a book, a teacher-provided material, or their own reasoning.

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3 MIN

## *One Sentence of Judgment*

Students write one sentence: *What do I think now, and why?*

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2 MIN

## *One Voice*

One or two students explain their reasoning aloud. Not performance. A mind standing behind its work.

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USE TWICE A WEEK, FOR THREE WEEKS.

*The full version changes the assignment. The short version changes the day.*

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